



Your doctor has decided that you need INH (Isoniazid) treatment. It is important for your health and the health of others that you take your medication as instructed every day. Please let the Immunization and Travel Clinic know if you have these symptoms:

- Change in vision
- Urine brown or dark
- Loss of appetite
- Nausea and vomiting
- Skin rashes
- Tingling and numbness of hands/feet
- Yellowing of eyes or skin
- Clumsiness or unsteadiness
- Diarrhea
- Loss of weight
- Pain in upper abdomen
- Stools lighter in color
- Weakness and fatigue
- Any reaction to foods - Swiss or Cheshire cheese or tuna, or sardines

Take your medicine in the prescribed amount every day, and return for follow-up visits.

DRUG RECOMMENDATIONS

- Do not drink alcohol
- Do not use aluminum-containing antacids or laxatives (they reduce INH resorption)
- Do take vitamin B6
- Do take with food if not tolerated on an empty stomach
- Do not get pregnant

If you are concerned about symptoms like those listed above, please call the Immunization and Travel Clinic at 333-2702.

If you are a registered University of Illinois student and you have questions or concerns, or need to make an appointment, please call: **Dial-A-Nurse at 333-2700**

If you are concerned about any difference in your treatment plan and the information in this handout, you are advised to contact your health care provider.

Visit the McKinley Health Center Web site at: <http://www.mckinley.uiuc.edu>