



Wart Treatment with Liquid Nitrogen

What should I expect after treatment?

A clear blister or blood blister may form after treatment with liquid nitrogen. Do not at any time purposely break the blister. This will increase the chance of infection. The area treated should be kept clean and dry. If the wart treated with liquid nitrogen is on the foot, wear cotton socks and comfortable leather shoes.

What can I do for the discomfort after treatment?

Use Tylenol, 325 mg. - two tablets every four hours as needed or ibuprofen, 400 mg. - 1 to 2 tablets every 4-6 hours with food as needed for pain.

If the wart treated with liquid nitrogen is located on the foot, elevate the foot above the heart if possible when resting, wear comfortable shoes and wear a protective type bandage or bunion pad if needed.

How do I know if the area is infected?

- redness, excessive swelling, throbbing pain or tenderness in the wound area
- red streaks in the skin around the wound or progressing away from the wound
- pus or watery discharge collected beneath the skin or draining from the wound
- tender lumps or swelling in the armpit, groin or neck
- foul odor from the wound
- generalized chills or fever

If you are a registered University of Illinois student and you have questions or concerns, or need to make an appointment, please call: **Dial-A-Nurse at 333-2700**

If you are concerned about any difference in your treatment plan and the information in this handout, you are advised to contact your health care provider.

Visit the McKinley Health Center Web site at: <http://www.mckinley.uiuc.edu>