Directions regarding use
In order for Mediplast to work in the treatment of warts, it must be used as directed. The plaster should be cut to
the size of the wart. If the plaster covers too much normal, healthy tissue, skin irritation will develop. The
backing of the plaster is removed and the sticky surface is applied to the wart. It is important to secure the
plaster to your skin with tape. The plaster should be left in place for 48 - 72 hours. After 48 – 72 hours, remove
the plaster, shower with the wart uncovered and then attempt to remove as much of the pliable white tissue with
an emery board or pumice stone. Once the white tissue has been removed, apply a new piece of Mediplast.
Repeat the same process every 48 – 72 hours. If the tissue becomes red or sore, discontinue use for two days
and then reapply.

Important information regarding Mediplast
• The process outlined above should be continued until the wart resolves or for a maximum of three months.
• If the plaster comes off before it is due to be removed, apply a new piece of plaster.
• The emery board or pumice stone used for debriding the wart should be cleaned with a bleach type solution
  after each use.
• A one month follow-up appointment with a health care provider is recommended for patients using Mediplast.

If you are a registered University of Illinois student and you have questions or concerns,
or need to make an appointment, please call: Dial-A-Nurse at 333-2700

If you are concerned about any difference in your treatment plan and the information
in this handout, you are advised to contact your health care provider.

Visit the McKinley Health Center Web site at: http://www.mckinley.uiuc.edu