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**DATING VIOLENCE** is controlling, abusive and aggressive behavior in a romantic relationship. Abusive partners may use a combination of the following tactics to control, manipulate and abuse a partner:

- **Physical** – hitting, pinching, shoving, restraining, destroying property, choking, or threats of harm.

- **Sexual** – rape, sexual abuse, or any coercion or manipulation of a partner to engage in sexual behaviors.

- **Emotional** – insults, name-calling, yelling, threats, stalking, extreme jealousy, humiliating a partner in public or in private; isolating a partner from friends or family; threatening to “out” a gay, lesbian, bisexual or transgender partner; making someone account for time; or threats to harm self.

**Who Can Help**

- Police department: **9-911** on campus of **911** off campus.
- The Counseling Center: 217-333-3704 during business hours.
- Emergency services after-hours are provided by Provena Behavioral Health Crisis Line at 217-359-4141.
- Women’s Resources Center: 217-333-3137
  Provides advocacy, support services and outreach for sexual assault and relationship abuse issues.