



Signs of Alcohol Poisoning

The person may:

- Be unconscious and cannot be awakened
- Have cold, clammy, unusually pale or bluish skin
- Be breathing slowly or irregularly:
 - less than eight times a minute
 - or ten seconds or more between any two breaths
- Vomit, while passed out and does not wake up during or after

How can I help?

- If you suspect alcohol poisoning, call 911 or 9-911 (from campus)
- Do not leave the person alone
- Turn him or her on their side
- Watch their breathing
- If you know CPR, perform as needed

Stand by your decision! – Always look out for your friends

If you or a friend would like more information about alcohol and other drugs, or need a confidential appointment call the Alcohol and Other Drug Office (AODO) at 333-7557.

If you are a registered University of Illinois student and you have questions or concerns, or need to make an appointment, please call: **Dial-A-Nurse at 333-2700**

If you are concerned about any difference in your treatment plan and the information in this handout, you are advised to contact your health care provider.

Visit the McKinley Health Center Web site at: <http://www.mckinley.uiuc.edu>